

# **Ancestors**

*(Lyrics ©2018 • Stephen Bloodsworth)*

The rhythm of the Earth is an ancient song  
The rhythm of the Heart and the Earth are One  
And aligned they bring us love  
Aligned they bring us love

The rhythm of the Sun is an ancient song  
The Sun and Earth and Heart beat forever as one  
Thanks to those who came before  
They passed it on and passed it on

Old Ones are there, deeper down, I'm aware  
Be still they say, and listen back,  
Back to where their spirits play  
'Cause their hearts are beating through  
They're connecting me and you, me and you

Ten thousand loving souls are in your blood  
Each gave all they had now this brotherhood of  
Man continues on

We live as One, We live as One

Ancestors, Ancestors, Oooooooo